

Memories from the Heart

2012







The Sacred Heart School of Montreal



3635 Atwater Avenue
Montreal, Québec
H3H 1Y4



Bright Children of the Light Big City

This year's book has a double theme: Children of the Light and Bright Light, Big City. The way we see it, Sacred Heart is like a bright light in a big city. We are also international and can be found in many big cities.

The book is sectioned into five parts, each representing one of our goals. In a sense, this memory book is a keepsake of who we are as a school and what we are about.

Table of Contents

Goal 1: Personal and active faith in God p. 4

Goal 2: Genuine respect for intellectual values p. 6

Administration p. 8

Faculty p. 10

Undergrads p. 16

Graduates p. 32

Goal 3: Reaching out p. 56

GFC p. 58

YPI p. 60

Charity Day p. 62

Goal 4: Building Community p. 64

Prefects p. 66

Houses p. 68

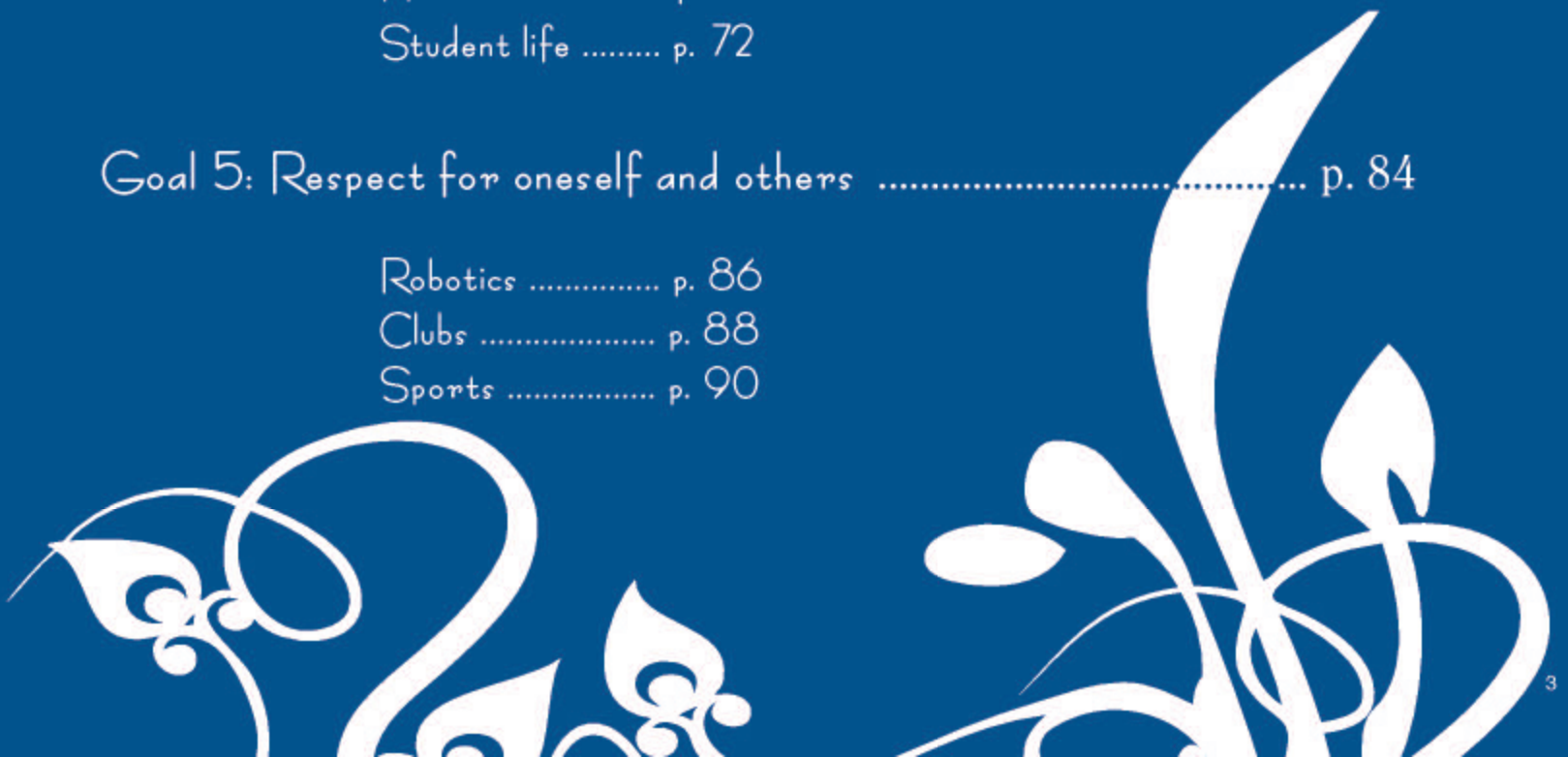
Student life p. 72

Goal 5: Respect for oneself and others p. 84

Robotics p. 86

Clubs p. 88

Sports p. 90



P

ersonal and Active Faith in God



The Sacred Heart School of Montreal has always believed in faith first. The School teaches openness for the many religious traditions of the world and provides an environment which encourages the students to develop their individual faith through personal and communal prayer and reflection. We have mass every Tuesday in order to foster this faith and we also have girls who take lessons in order to be confirmed in front of their teachers, peers, and parents. This year marks the last year, in our 151 years, that we will have nuns residing in our building. We wish Sister Deegan RSCJ and Sister Peterkin RSCJ a happy retirement as we bid them a sad farewell.





Genuine respect for intellectual values



The Sacred Heart School of Montreal provides a rigorous education that incorporates all forms of critical thinking and inspires a lifelong love of learning. The School emphasizes the development of the person in a fully interactive environment, thus encouraging the love of learning, creativity and independent thinking and challenges its students in order to prepare them for thoughtful leadership roles in a modern and diverse society.

The Student Body
Administration
Faculty & Staff
Undergraduates
Graduates

Head of School's Message

Dear Graduates of the Class of 2012,

This yearbook is dedicated to you, a wonderful group of students who have worked so hard to arrive at this moment. Your class consists of 71 very special girls, and collectively you are much more than the sum of your parts. I would describe you as Dynamic, Energetic, Socially Aware, Generous, Focused, Strong-Willed, Creative, Intelligent, Close-knit and Compassionate Women of Action.

You are a very cohesive group, an extremely loyal group of friends and classmates who care deeply about each other and the people around you. You have literally applied our Golden Rule, Love thy Neighbor as Thyself, to your local community and the world at large. You have taken Community Service, one of the 5 goals of the Sacred Heart School of Montreal and shared by all 168 Sacred Heart Schools in our Worldwide Network, and re-defined the meaning of "helping others." Your very generous "legacy" gift of \$10,000 to the school's bursary fund is but one example of your selfless commitment to helping others.

In addition to this kind gift, you have been involved in many other social justice and community service initiatives, including these "firsts" for our school which you introduced this past year: Shave to Save, Charity Day, Hockey Helps the Homeless, Free the Children and our Humanitarian trip to the Dominican Republic.

The simple message I would like to send you off with has to do with your personal work ethic and character. With very few exceptions in life, one of the most important advantages one can have is a strong work ethic. Hard work and honest effort go hand-in-hand, and the result is almost always success. Even exceptionally bright and talented people need a strong work ethic to be truly successful.

The way we conduct ourselves, the effort we make, and how we face our daily challenges, define us later in life. If we take short cuts, cheat on our tasks and avoid our responsibilities, we slowly develop habits that are hard to break later. However, if we face our tasks head-on, strive to make the right decisions, always try our best, and push ourselves past our "comfort zones" in order to achieve and constantly improve, we are developing lifelong learning and work habits that shape our character, which ultimately determines our future success.

Be true to yourself and others and deliver on your promises; when you set your goals and stick to them, you show people that you can be relied upon, and they then develop trust in you. This trust is what grows into a network of support and a lifetime of success. But it all starts now, by taking care of the daily challenges and tasks that are your responsibility. Take care of the small stuff, as this is what ultimately builds your character and confidence.

We are all very proud of you. You have demonstrated great scholarship, leadership, community service and faith here at Sacred Heart, and I encourage you to continue to develop these attributes throughout your life. Go forth with Courage et Confiance, and please keep in touch!

I want to thank our talented and dedicated yearbook team, led by faculty advisor, Michelle Lessey. This wonderful yearbook team has worked extremely long and hard to ensure that this yearbook was another big success. Congratulations!

Shawn O'Donnell
Head of School



Dear Graduates of 2012,

In your five years together at Sacred Heart you have shone as individuals and also impressed everyone with your talent for collective accomplishment. You have distinguished yourselves by your enthusiasm for worthwhile causes, your individuality, your ability to learn from difficult moments, and your gift for high-spirited fun. With the passage of time, as you look back on your days at Sacred Heart, you will remember only distinct, special moments both happy and sad; but mostly you will recall those cherished relationships and exciting discoveries that helped you to become who you are. My wish for each of you is simple: that wherever you go, whatever you do in life, the choices you make will always be those that inspire you to be the finest person you can be.

Jean Filipovich
Assistant Head of School



During your day-to-day life at Sacred Heart you have worn many different hats. You have been a student, a friend, a philanthropist, an athlete, a musician, a scientist and an artist. Each of these experiences has played an important role in shaping the person you are today. Accompanying you on your journey have been your loving parents and a dynamic group of caring teachers. You have enjoyed a first-class education, five memorable retreats and a wide variety of exciting trips. Personally, I will never forget the total fun, laughter and shopping, we shared on our New York excursion (long live Canal Street). You are all grown up now and ready to make your way in a world that will be full of exciting new beginnings. Never doubt your own worth and always remember that for the world to be a better place it needs your intelligence, your talents, your goodness and your example. I wish you success in all your endeavors and a future wrapped in happiness and laughter. "The privilege of a lifetime is being who you are." (Joseph Campbell)

Joanne Mastro
Dean of Students

Dear Graduates,

Change is part of life and you have not only graduated from high school, you have graduated to adulthood as young women ready to explore possibilities and create new friendships. Keep this in mind along the way: "The happiest people don't have the best of everything; they just make the best of everything." Anonymous

Iveth Bosmediano
Business Manager

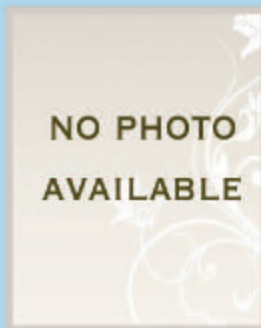


You can teach a student a lesson for a day; but if you can teach him to learn by creating curiosity, he will continue the learning process as long as he lives.

- Clay P. Bedford



Lisa Arella



Richard Aumais



Aran Bangs



Julian Beauvais



Nathalie Belfort



Florise Boyard



Colleen Bronson



Maureen Brown



Amanda Cardillo



Stephanie Coull



Christiane de
Sainte Marie



Nina Di Palma



John Filipe



José Filipe



Angello Gallo



Catherine Gauthier



Mary Gendron



Yvon Guilbault



Peter Judson



Fran Lakatos



Martin Laperle



Marie-Élaine
Laquerre



Danielle Lecuyer



Michelle Lessey



Joan MacLellan



Roxanne Martel



Gisela McIvor



Jacqueline
McSkimming



Hélène Pagette



Palmina Palumbi



Maureen Pennell



Patricia Potter



Antoinette Raco



David Reda



Laïla Sallak



Heather Seeger



Sandra Simpson



Gedi Snapalopoulos



Kevin Thiruchelvam



Jennifer Vachon



Catia Valela



Rosemary Vaupshas



Peter Ward



Wei Yin



The Kitchen
Staff



FACULTY CANDIDS



ACADEMIC SUCCESS



Myriam Zakaib
First Place

for the Commonwealth
Essay Competition



Maya Botti
Highly Commended



Sarah Atallah
Commended



Amelia Travis
Commended

for Commonwealth Essay Competition



Katya Zappitelli
Commended

QAIS Essay
Competition

Faculty Scholars

Kelly Burchell-Reyes
Tatiana Mikus
Caroline Chamandy
Amanda Marino
Claudia Belliveau
Sarah Murphy
Alexina McLeod
Katherine Chamandy
Hannah Hyde-De Sousa
Claudia Amanda Di Salvatore

*Congratulations girls!
Keep up the excellent
work!*

Distinction for the 2011-2012 academic year

Secondary I

Liana Caprera
Rosemarie Cianci
Gurleen Padda

Secondary II

Caterina Alfieri
Corinne Darche
Kaitlin Hagen
Mary Lynne Loftus

Secondary III

Kelly Burchell-Reyes
Abigail Trevino

Secondary IV

Claudia Belliveau
Valeria Cori-Manocchio
Katherine Drummond
Charlotte Le Fèvre
Vivian Luong
Amanda Marino
Rachel Rubbo
Norah Woodcock

Secondary V

Katherine Chamandy
Gabriella Courey
Alexa Eberle
Hannah Hyde-De Sousa
Thea Koper
Amanda Larosa
Pamela Mannarino
Maria Power
Sarah Turcotte

*"There are no secrets to
success. It is the result
of preparation, hard work,
learning from failure."
~ General Colin Powell*

Memory Book Staff

Traditionally, this message is written by the Memory Book editor, or co-editor, whichever is the case. However, this year, we break tradition and I will be writing the message to thank all those who made such valuable contributions to the memory book. Even though my task as advisor is to assist in the production of the yearbook, often, when there is one editor, I automatically take on the role of co-editor as completing a yearbook truly is an enormous task for one person and does cause much stress. I've always known this because I've seen the girls who had to deal with the stress and it has been hard to watch. This year, due to circumstances, it was my turn; I experienced the stress first hand as I had to lay out over 50% of the book. So, not only did I wear the uniform for Halloween and feel how warm you get, but I also felt what it was like to be Editor-in-Chief of the yearbook. I feel like I truly am a Sacred Heart girl!

Although this book is not everything I would have liked it to be, it is a testament that perseverance is golden. Even when you feel as though you have absolutely no energy left to give, you can find a reserve somewhere to keep you going. So girls, whenever things get tough, don't give up, just keep plugging away and you will find a way. Nothing can stop you if you try, not loads of homework, or in my case, marking and fatigue due to pregnancy. Work hard, and you will succeed.

This year's theme is about who we are as a school. It centers around our goals and reminds us that, as children of the light, we are the bright light in this big city. Continue to go out and make a difference wherever you go. Make Sacred Heart proud!

In making this yearbook, there have been many girls who have been very dedicated and without whose help, this book would not have been possible. This page attempts to recognize the effort of these girls. Thank you for all your help and commitment to making your pages as beautiful as they could be. Thank you for taking my constructive criticism as it was intended, to help you grow as editors, and open your creative spirit.

Enjoy the book girls and appreciate it as it is, a true labor of love.

Yours truly,
Ms Lessey

Advisor, editor-in-chief, photographer, you name it...



Mary Lynne Loftus:
Secondary II editor

Thank you Mary Lynne for all your hard work and dedication to the memory book. You were a faithful worker and a pleasure to work with. Even though you're only in secondary II, you showed great responsibility and a very creative side. Thanks :)



Liz & Thanksha:
Secondary I editors

Girls, even though you were in secondary III this year, you took on the task of working on the secondary I pages because that's where we needed help. You were great! Thank you for your commitment to yearbook Liz, for reworking your pages over and over until you came up with something wonderful. Thanksha, thanks for hanging out with us and eating our food :)



Sheridan & Dana:
Secondary III editors

Dana, we appreciated your meticulous attention to detail. The Sec III pages really benefitted from it. Sheridan, you are such a trooper. Even when I was not ready, you were always there to work on your pages, take photographs and do what you had to. Your dedication to yearbook was great. Keep it up!



Stephanie Cabanas: Editor

Steph, you worked so well for the first deadline, getting everything ready with the grad blurbs. You made me very proud. I'm sorry that you weren't committed enough to finish the project. You would have gained so much as an individual and would have learnt such valuable skills that can be applied to so many different fields. I wish you luck in the future.



Vicky A. & Kayla: Secondary IV editors

Vicky and Kayla, you are such a great team and have worked together so well this year. It has been so much fun to see what you came up with for layouts. You both have a naturally creative side and brought so much enthusiasm with you. Kayla, you will be a great co-editor next year. Vicky, have fun being house head and continue to be enthusiastic.



Victoria S. & Jen BJ: Secondary V helpers

Thanks for hanging out with us and for contributing to yearbook in your own way. Thanks for all your work on the Drama/Arts Festival pages. It definitely made my life a bit easier.



Candice & Lauren: Secondary V editors

Thanks girls for your dedication and commitment to yearbook. I have been able to rely on you and know that whatever I asked you to do, it would be done. Lauren, your attention to detail is crazy but amazing. I don't know how you have the patience sometimes, but I'm glad you do. Candice, it was a pleasure to work with you. Thanks for all your hard work and for coming in without me having to ask twice. It has really helped, especially at the end of June and early July, when I still had over half the book to complete.

Ms Lecuyer: Thanks for all your help with the Sports section! Maybe next year it'll be a little more on track...

Photographers: Thanks for all your help; it has been invaluable!

Special thanks

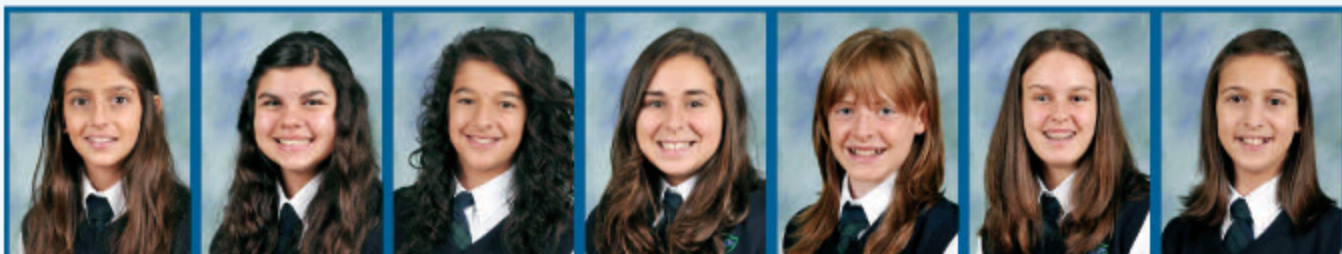
Pauline Belliveau

I know Pauline graduated two years ago, but she was wonderful enough to come in when I told her how desperately I needed help. I think I may have lost my sanity without her. Although she "threw hate at the computer" numerous times, she came through for me and took care of everything I needed her to. She is a true "yearbooker," and a real Sacred Heart girl.

Ms McIvor

A very special thanks to Ms McIvor for editing this entire book. I would especially like to thank her for dedicating July 4th to the majority of this editing. Her help is invaluable.

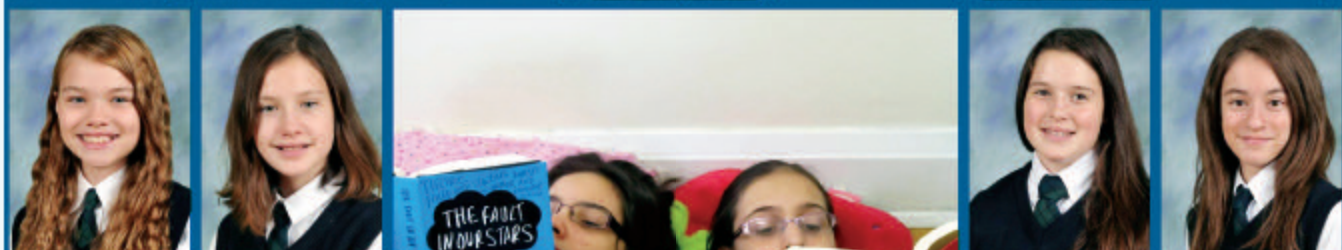
Shadin Al-Ayash
Maria Alescio
Nicole Bilikas
Alexis Boosamra
Eleni Borondy
Vanessa Brandimarti
Liana Caprera



Rosemarie Cianci
Clarissa D'Amico-Mazza
Molly Delaney
Samantha Delucilla
Stéphanie Des Marais
Elana Floriani
Veronica Giroux



Alicia Griffin
Ann Griffin
Elisabeth Harris
Maria Karamitsos



Victoria Karamitsos
Evdokia Konstantopoulos
Jasmine Kwok
Mikayla Liakopoulos



Secondary 2 Class of 2016

We like the British
because they have
awesome accents!

England is 74 times smaller
than the United States.





Vanessa Likoray
Lauren MacDonald
Giulia Marsili
Alessandra Morena
Kristina Mura
Kayla Ortenza
Anika Ouy

Gurleen Padda
Eliyanna Polychronas
Vanessa Pugliesi
Meaghan Sabourin
Isabella Santaguida

Alexa Scalia
Valerie Sinel
Sabrina Ste-Marie
Alissa Taper
Amelia Travis

Kiana Uriani
Olivia Wilson
Julia Zito

We love... England

Did you know that there are eight Sacred Heart schools in England? They are located in London, Kent, Newcastle-upon-Tyne and Surrey.



England has lots of great things: the Queen, One Direction, fantastic phone booths and fancy food like fish and chips.

French was the official language of England for about 300 years, from 1066 to 1362.



Caterina Alfieri
Sara Amicarelli
Felisa Antonanzas
Natalia Bedik
Sabrina Belcourt
Sofia Bittichesu



Josie Borsellino
Alessia Castonguay
Erika Cheng-Tarantino



Laura D'Altilia
Sierra D'Ambrosio
Corinne Darche



Juliana de Stefani
Émilie Dupuis
Constantina Gicopoulos
Alexa Glaudemans
Kaitlin Hagen
Natasha Hodge-Masnaghetti



Secondary II: Class of 2015

What can we say about Paris? We love the food, especially baguettes, the Eiffel tower, berets and the list goes on.





Oona Joy
Caroline Koranteng
Mary Lynne Loftus
Giuliana Mannarino
Alicia Meloche
Lauren Mezzaluna

Stephanie Narcisse
Raphaella Nikolopoulos
Ariana Pagnotta
Katherine Panet-Raymond
Ines Romera-Pamplona
Joyce-Marie Salvo

Andrea Santamaria
Cayleigh Sorella
Sarah Spagnuolo

Louisa Tsoukalas
Athina Tzinevrakis

The Parisians

Did you know that there are seven Sacred Heart schools in France? In Marseilles, Montpellier, Nantes, but unfortunately, there are none in Paris.

We are Sara and Sarah or as we call ourselves the two Saras. Secondary two has been a great year for us. We can't wait for next year!

Taylor Akkaoui
Jasmina Alka
Vanessa Amato
Carina Anelli
Iohserenharwi Bova
Kelly Burchell-Reyes



Ileana Cappello
Sabrina Correia
Avery Diabo



Serena English
Cassandra Estefanos
Meagan Fett



Allyson Fontes
Paula Gallegos Dago
Lisa Giaccari
Elizabeth Giagnacovo
Giovanna Giordano
Karen Golfi



Secondary 3

Class of 2014

I  SPAIN





Angelina Griffin
Sheridan Harel
Caroline Jeanson
Sophia Koper
Rebecca Letourneau-Duynstee
Dana Malowany



Claudia Massarelli
Rebecca McPherson
Marissa Mezzaluna
Tatiana Mikus
Victoria Miron
Thaksha Nadarajakumaran



Isabella Papalia
Laura Raco
Stefania Rivera
Jessica Rouiller DiBartolo
Sabrina Sharifi-Alamdary
Julia Skothos



Abigail Trevino
Rachelle Valentim
Michaela Vancura
Katrina Vecera
Katya Zappitelli



Rachel: Are there really 28 Sacred Heart Schools in Spain?
Serena: Let me think about it. Why yes, I believe so.



Paula: Yes, I am from Spain, and it's great!

Secondary IV

Victoria Alescio
Sarah Atallah
Kaia'tizio Barnes
Claudia Belliveau
Olivia Bouskill
Alice Brais



Adèle Brawley
Kayla Cabanas



Gabriella Caruso
Caroline Chamandy



Karina Ciricillo
Valeria Cori-Manocchio
Catherine D'Ambrosio
Stephanie D'Arienzo
Gabriella D'Onorfrio
Jessica Delucilla



Dominique DiCaprio
Emily Dikranian
Tracy Do



Katherine Drummond
Karyah Foster
Alexandra Gentile



The City that NEVER sleeps



Class of 2013



Lisa-Marie Giorgio
Leona Claudemans
Stephanie Gravel
Lauren Honey Griffin
Sarah Harris-Gendron
Maris Jacobs

Georgia Kyres
Charlotte LeFevre
Vivian Luong
Amanda Marino
Kimberley Marks-Beaubrun
Adrianna Mauchan

Kelly McCulloch
Catherine McDonald
Julia Messina
Kayleigh Metcalfe

Claudia Naccache
Esmé Panarello
Monica Petras
Alicia Pinck

Sara Pulice
Brigid Roberts
Rachel Rubbo
Stefany Sacchetti
Monica Sapala
Athanasia Saviolidis

Nicoletta Saviolidis
Larissa Serafin
Sara Tagliamonti
Aphrodite Vassiliou
Norah Woodcock
Myriam Zakaib

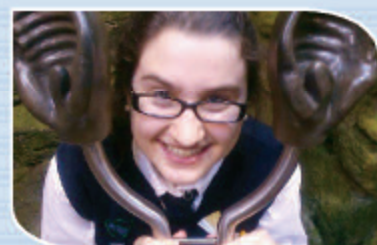
Manhattan



Uptown Girls

[Sec IV Candidids]

One more year...





When the sun shines, we'll shine **together**.
 Told you I'll be here **forever**.
 Said I'll always be your **friend**.
 Took an oath I'm a stick it out till the end.
 Now that it's raining more than ever,
 Know that we'll still have **each other**.
Nothing will come between us,
 We will be together for **infinity**

-from **Umbrella**
 by **Rihanna**



Sec I Retreat



We started off a little shy but grew closer throughout the day! By the end, we were bonded as the Class of 2016!

It was really great making a Sacred girl that represented us. The zoo poster was so cute!

Sec II Retreat



A very special thank you to the teachers who accompanied us on our second Sacred Heart retreat!



It was great to see the girls who aren't in my class this year!



We had a lot of fun when we went outside. It was one of the best parts!



"The movie was really nice, and reflected on the theme. I'll never forget how many people were bawling!"

-Katya Zappitelli



Retreat taught us that everybody is a miracle and that everyone is different in their own way.



Secondary Retreat 3

The Miracle That Is You!



Angelina Griffin: Best french fries in the world!!!





Secondary 4 Retreat



Graduates of 2012

Jessica Abreu-Moore



The days were long, but the years were short. Here we are graduating and the best is only beginning. "It's only after we've lost everything, that we're free to do anything." Chuck Palahniuk. It's time to take on the world in something other than a kilt and tie.

MLT: steal a free sample.



Rebel

Amanda Alessi

Made some great memories. Volleyball 09-11. I'm going to miss you guys. Love you and good luck.



Cutie Pie

MLT: carry around a ladder everywhere she goes.

Sabina Alka

Love is patient, love is kind and is not jealous; love does not brag and is not arrogant, does not act unbecomingly; it does not seek its own, [...] it bears all things, believes all things, hopes all things, endures all things.

- 1 Corinthians 13

MLT: become a nun.



Isabella Arduini

After 5 years of walking through those Penfield doors, we are finally going our separate ways. Thanks mom, dad and Al, friends & family for all your love and support. I'll never forget the people I've met and the memories we've created. We survived Sacred! Good luck Grads of 2012! Class dismissed: Mr. Feeny.

MLT: make cows go extinct by drinking all the milk in the world.



Sweetheart

Jennifer Baldino



Eminem got it right: love is evol, meaning evolution, which is exactly what happened to us. We evolved from tiny Sacred girls on our first day of orientation into the strong 2012 graduates of SHSM thanks to the love and support of everyone around us.

MLT: be offered a job as a garden gnome and accept it so I could do nothing all day.



Hidden Talent

Jennifer Junio

Class of 2012, it's time to say goodbye to our Docs. Our 5 years at Sacred are only a fraction of the memories we've made. A special thanks to my family for the love and support. To my girls, I will cherish our sisterhood. Keep smiling and good luck!

MLT: apologize for saying sorry to a stranger for organizing their luggage at the airport.



Organized



Alexa Bedik



After 5 years of delicious Special K bars and stunning plaid ties, I think it's time we graduated. I had some unforgettable memories on trips like Italy 2011. Congrats Grads '12 we made it!



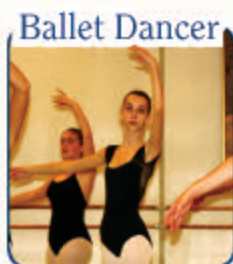
Sleepy

MLT: make her first name Bedik and marry a Ukrainian Fob.

Maya Botti



We have grown up so much in the last 5 years. Cegep will be such a shock, not seeing all the familiar faces I have grown to love walking down the hallway. If I do say so myself, our grade is pretty awesome. I love you all so much!!



Ballet Dancer

MLT: dance forever and dedicate all of her performances to her adopted walrus.

Stephanie Cabanas

To all my girls that made my years at Sacred so memorable and amazing I wouldn't have survived these five years without you. I will never forget our sleepovers, inside jokes and our moments of laughter. It's been a long journey but we finally made it! xox



Gem

MLT: become a famous designer so she never has to spend another dollar on expensive clothes!

Sarah Camacho



SM, EK, DR, KS, GT, AA, SC, AS, MP, GC couldn't have gone through these past five years without you. Family, teachers thank you for all your support! We got the job done. Let's not screw it up now.



Actress

MLT: come back to Sacred reunion with a phony British accent.

Katherine Chamandy



Each and every one of you girls has impacted my five years at Sacred and made a difference, and I am so glad I had the chance to get to know all of you. Always believe in yourselves and never let go of your dreams.



Debater

MLT: argue a case in front of the Supreme Court of Canada and win.

Jasmina Ciccocioppo

We did it, class of 2012! "All good things must come to an end, but I wouldn't want it to end with any other people or be at any other time." I would like to thank my parents and teachers for the 5 years of support and the friends that made this journey that much more special.



Eyes

MLT: be a cat in her next life... Meoww!

Graduates of 2012

Gabriella Courey



WE MADE IT GIRLIES! To everyone who has helped me along the way, I couldn't have done this without you. KayBee & Dini I love you. MP: you're the Rachel to my Monica. Girls, you will be part of my SHSM wolf pack forever. Congrats grads! Yalla bye!

Eyes



MLT: get strangled by her own hair.

Sophie Cruvellier



"Never let the fear of striking out keep you from playing the game." Created memories, shared tears, made and lost friends. In the past 5 years we have fallen and gotten back up. Believe the impossible and keep your head held high.

Detentions



MLT: buy Starbucks.

Olivia D'Ambrosio

I never thought five years could go by so fast. Thank you so much for the support from my family, friends and teachers. Good luck in life grads 2012.



Legs



MLT: lose a race against a turtle.

Alessia De Petris



Going to Sacred has been like being in a love/hate relationship. But in the end, these past five years have prepared me for that big scary thing called The Real World. The memories will last forever. Grads 2012 WE MADE IT!

Shopaholic



MLT: end the recession.

Diana Di Paolo



Through the smiles, laughs and tears we finally did it! Five years together have passed in a flash. I am grateful for the friendships I have made along the way. I am going to miss you girls. Good luck grads '12.

Confused



MTL: never understand a joke.

Claudia Di Salvatore

To my teachers & friends, thanks for your inspiration and for the countless laughs & memories! Thanks to my family especially my grandparents for supporting and encouraging me. Grads, best of luck & remember "wherever you go, go with all your heart." Arrivederci, a la prossima!



Best Strut



MLT: never stop "strutting" while doing a thousand and one things at the same time.

Katricia Durbam



Wow! Five years have gone by so fast. I would like to thank my family for all the love and support they've given me, my friends for always being there, and my teachers for preparing me for a world that lies beyond these school doors. Congratulations to the class of 2012! We did it!

President



MLT: start a peaceful revolution.

Alexa Eberle



Congrats Grads of '12, we finally made it! Five years have gone by so quickly, filled with so many unforgettable memories. Thank you to my family for their support and to all my friends who have made these years at Sacred a blast! Best of luck. xox

Skiier



MLT: cross country ski across Canada.

Alissa Fiorito

Love is patient, love is kind and is not jealous; love does not brag and is not arrogant, does not act unbecomingly; it does not seek its own, [...] it bears all things, believes all things, hopes all things, endures all things.
- 1 Corinthians 13

MLT: become a nun.



Mireille Forget

Thank you dad and mom for all the help you gave me over the years. Go grads of 2012! We finally did it. I'm proud of all of you. I love you.

Hyper



MLT: always make a reference to Disney movies in every conversation and eat all the candies in the world.

Erika Gentile

"Seize the day, or die regretting the time you lost." I thank God for my supportive dad and loving sistas. To my mom, I love my life. And to Sacred ladies who made my high school years unforgettable, you girls know who you are.

Sarcastic



MLT: whatcha'ma call it...wait, what was I saying again?

Isabella Girardi

We had our ups and downs but this is it, class of 2012! I want to thank my mom, my dad, my brother and everyone who stood by my side for these past 5 years. Grads 2012 BABY! Good luck next year! Sacred Survivors!

Sugarcoater



MLT: fall in a hole on her wedding day.



Graduates of 2012

Victoria Guadalupe



MLT: defy gravity.

Familia gracias por aguantarme LQM. FDR CSUV MS EI DG AR AD VL wouldn't be here without you <3 Grads we made it! I wish you all the best! Friends: I won't say I'll miss you so I better see you soon <3 Don't forget... Everyone deserves a chance to fly. \m/

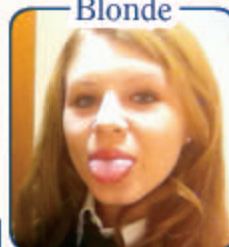
Spirit



Asbley Hagen

So this is high school... I can't believe it's already over! These past 5 years have been so crazy. To my family, thanks for supporting me and always being there for me no matter what! My girls, you're the ones who made high school bearable and I love you all more than words can describe!

Blonde



MLT: make ketchup an actual meal.



Hannab Hyde-De Sousa

To the class of 2012, thanks for all the great memories and for five amazing years at Sacred Heart. I wish you all the best and I will miss you. Thank you to my family and friends who have always been there for me.

The Brain



MLT: survive the apocalypse by moving to space.



Thea Koper

I've learned so much at Sacred Heart and will treasure all of the memories! Thank you to my wonderful teachers and fellow graduates for making my years here at Sacred unforgettable. Mom, Dad, Sophia, and Patrick, I couldn't have done it without you! I love you all!

Innocent



MLT: become a well-known author while traveling around the world.



Elena Kratsios

WE MADE IT! I can't believe we're graduating. I would never have been able to do it without you girls; I have such good memories with you. I wish you all the best of luck! Love you girls; I'm going to miss you. xox

Carebear



MLT: never know the meaning of an indoor voice.



Emily Kyte

These past 5 years have been unforgettable! Thank you to all my friends for the countless memories! Thank you to my family for their support! Love you all We finally made it!!! Good luck to everyone.

Bacon lover



MLT: open a bacon restaurant but eat all the inventory.



Emma Kyte



It has been what seemed like 5 long years at the start of our journey here at Sacred Heart. Yet those years have passed by so quickly. Thank you to all my teachers, friends and family for the wisdom, the memories and the support that will always be appreciated. Good luck grads of 2012!

Sweet tooth



MLT: still be debating career paths at the age of 75.

Elyana Lafrance



Thanks to all my girls who made these past 5 years so memorable and amazing. I love you all <3 and will never forget our memories. We never gave up on each other no matter what happened. You girls have become my sisters and I couldn't ask for better! Good luck with everything! Grads '12

Clumsy



MLT: get run over by a parked car.

Amanda Larosa

Five years have been so long! Thank you to my parents, friends and teachers who have supported me along the way; I love you so much! My years at Sacred will never be forgotten, but I'm excited to move forward and see what the future has in store for me! Bye Sacred!!!

Twinsies



MLT: marry one of Michael Jackson's kids so she can be part of the family.

Candice Lam



For 5 years, it's been work & sleep deprivation, but also laughs & memories. I'll miss those who've made them the best! It's a whole new beginning (cheesy but true). We did it! "Side by side or miles apart, dear friends are always close to the heart."

QT Pie



MLT: always be offered a kid's meal.

Melissa Likoray



Thank you to my family, teachers and all my friends (you know who you are)! I don't know what I would've done for the past 5 years without you all!

Party Animal



MLT: turn into a cheetah any second.

Sabrina Macri

"Sometimes people let the same problem make them miserable for years when they could just say, 'so what.' That's one of my favorite things to say 'so what.' -Andy Warhol

Italian



MLT: invent my own time zone so that I can start being on time.

Graduates of 2012

Pamela Mannarino



Congratulations Grads of 2012, we made it through our five years at Sacred! Thank you to my family, friends and teachers for all of your support over the years; you'll never know just how much I appreciate it. I'll cherish the memories forever!

Handwriting



MLT: spend way too much time thinking of my "Most likely to" wait...

Sara Mannarino

The last 5 years have gone by so fast and as much as I'll miss the uniform, I'll miss you girls more. The real world has a lot to handle once we graduate. Good luck grads 2012! Thank you mom, dad, Matt and of course my best friends.

Nails

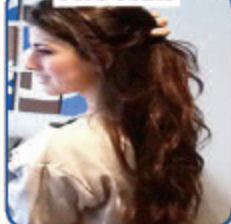


MLT: glow in the dark.

Michelle Mariani

I'm in denial that we're graduating so I don't know what to write. "Friends are the family you choose for yourself"-Anonymous. Lunch table '12, CM, CS the memories we've made will stick with me forever <3 Thanks mom & papa for all the love & support!

The Hair



MLT: become a successful life-guard but never actually save anyone.

Olivia Mariani

"We grew, we learned, we experienced, we made mistakes, we became who we are because of each other"-Hedley. Half a decade couldn't have came any slower but I loved it all. Thanks mom, papa & especially to my girls who made this whole experience worth it.

The Teeth



MLT: be better than you.

Lauren Maruya-Li

"I'm glad we had the times together just to laugh and sing a song, seems like we just got started and then before you know it, the times we had together were gone." -Dr. Seuss. Thanks to MM CL VS NZ KD NT PM AT JB JJ AE AM EK EK HH MB:) Love you all!

The Youngest



MLT: fall asleep on live television.

Audrey Marechal

We did it! Thank you all so much for making my years at Sacred awesome. Lots of love to E.K., S.R., S.A., I.G., S.C. and M.B.

The Dancer



MLT: to be voted as the world's clumsiest human.

Caitlin Mattbeu



Over the past few years I have learned: bad things happen so we learn to grow, friendships fade for the better, and life is like a roller-coaster, but it's our choice whether or not we want to ride it, or sit back and observe. Thanks to my beautiful best friends, love you all.

Storyteller



MLT: get away with murder.

Alexina McLeod

I can't believe it's already been half a decade since we first walked through those big Penfield doors. I've had amazing moments here that I will never forget. Thank you for everything.



The Russian



MLT: go to Russia... maybe, we'll see.

Melinda Meloche

We're finally graduating! I've had an amazing 2 and a half years with all of you! Through all of the ups and downs, we can all say we've survived Sacred! Thanks to all of my best friends for everything. I couldn't have done it without you!

Dramatic



MLT: rap an Eminem song to Eminem.

Bethany Mount

Thanks to everyone at Sacred! You guys are all amazing! Never change!



MLT: ride a horse to her own wedding.

Bookworm



Sarah Murphy



"I've been waiting a long time for this moment to come; I'm destined for anything at all." -BJA. Thanks to everyone who made me who I am today: Mom, Dad, Joe, Mike, family & all the amazing people I have met along the way. You mean the world to me! xx

The Mom



MLT: forget to raise her own children because she is too busy raising everyone else's.

Jenna Novosad

John Mellencamp once wrote: "Hold on to 16 as long as you can. Changes come around real soon. Make us women and men." Now that high school is over, changes will force us to mature, but let's not forget who we are now. I'll never forget my 5 years at Sacred.

Redhead



MLT: steal a free sample...

Graduates of 2012

Emma Pally



Thank you to mom, dad and Sean, Caramel and Cartouche. I have made great friends and great memories and I will never forget my time at Sacred Heart. "The best way to predict the future is to invent it." - Alan Kay

Artist



MLT: build an ark and save the animals.

Victoria Perrotta



If you had told me five years ago high school was like this, I wouldn't have believed you. Thanks to the teachers who cared, the friends who were there and my parents who supported me. Here's to the next chapter.

Singer



MLT: be just as crazy as my hair.

Maria Power

Grads of 2012! Shout out to GC, SC, DR, prefects and the lunch table! Thank you to my family, friends and teachers for all the support! Thanks for the memories, I'll miss you all! xxo

Kind-hearted



MLT: "Have all that POWER."

Marina Prezioso



"Live without pretending, love without depending, listen without defending, speak without offending." -Drake

Smiley



MLT: to never grow.

Jasmine Rach



Well girls, 5 years of hiking up stairs & hiking down our skirts are done! Let's go out and conquer the world like we conquered Sacred. Love you all, good luck girls! Every new beginning comes from some other beginning's end. <3

Rings



MLT: make a gay pride flag out of candy but never share it.

Deidra Robertson-Chois

"Nothing ventured, Nothing Gained" SC, ASD, EK, GT, GC, SM, MP. Love yous! I am very thankful and blessed.



Swag



MLT: forget she had an MLT because she's too busy living her life to its full potential.

Jessica Roumeliotis



Love is patient, love is kind and is not jealous; love does not brag and is not arrogant, does not act unbecomingly; it does not seek its own, [...] it bears all things, believes all things, hopes all things, endures all things.
- 1 Corinthians 13

MLT: become a nun.

Hannab Ryan



"Be who you are and say what you feel, because those who mind don't matter, and those who matter don't mind." - Dr. Seuss. Five years later, and here we are! Thank you for the great times and better memories! Good Luck Grads of 2012! XoXo

Athlete



MLT: guest star on "Little People, Big World."

Pranavy Sabaratnam

Our 5 years at Sacred have come and gone so quickly and I leave with such precious memories. To mom and dad, thanks for standing by me and helping me become who I am today. To my ladies, you're the reason school has been such an amazing experience. Lunch table '12, I love you girls forever and always.

Crazy



MLT: get arrested for my laugh.



Claudia Salvo

I can't believe it's over; it all passed so quickly. The memories will always stick with me, and I hope I won't be forgotten. Through the ups and downs, I will always have Sacred. Grads 2012 forever. Miss you girls.

Laugh



MLT: die laughing.



Lauren Samo

Congrats Grads of 2012! So many great memories have been made with all of you. Thanks to my fantastic parents, brother, amazing friends and our great teachers for helping to make me who I am today. "Whenever you go, go with all your heart."
-Confucius

Accident prone



MLT: be in a wheelchair by the age of 20.



Victoria Sarker

We are all a little weird and life's a little weird, and when we find someone whose weirdness is compatible with ours, we join up with them and fall in mutual weirdness and call it friendship. -Dr. Seuss

Fun-Size



MLT: be late to her first child's birth.



Graduates of 2012

Christina Scalia



Congrats graduates! Thanks for the unforgettable memories, they will be a part of Sacred I'll always look back upon and smile. Ma, Pa, Alex, Steven and all my teachers thanks for the unconditional support. Time to turn the page and start something new.

The Hero



MLT: yell at a complete stranger for leaving their trash on the floor.

Katherine Skotarczak



There have been ups and downs in this journey, but it's finally over. Thanks to my family and friends for supporting me through the past five years.

Class Clown



MLT: become a nun.

Angelina Smolynec

The past 5 years have been absolutely incredible. I've met some of the most amazing people in my life here and it'll break my heart to have to say goodbye. I definitely wouldn't be the same person if I had gone to any other school. Thank you so much!

Fan girl



MLT: move to England, own a successful blogging company, and marry a British musician.

Erica Starnino



Congratulations girls, we've made it! These last 5 years have been unforgettable and I will cherish these memories forever. My friends (you know who you are), I love you all and you have made my early mornings and late nights so much more fun! Love you all, Grads of 2012 xxx

Loudest



MLT: reschedule my wedding day because of a hockey tournament.

Kylie Sura



Congrats girls, we finally made it! To all my girls who have made these past 5 years unforgettable, love you all! "Memories are and always will be forever."

The Bun



MLT: morph into a fish.

Georgia Therriault

It was all a dream...



Smile



MLT: be a nun.

Nicole Tieman



Wherever you go, no matter what the weather always bring your own sunshine. - Anthony J.D. Angelo

The Golfer



MLT: hit a golf ball on the moon and then get stressed out because it will never be found.

Joanna Tsotas



Grads of 2012, we have finally made it. Through every struggle and obstacle to every joy and memory, we are now towards a new beginning. I will not forget all the great times we had together, and thank you to everyone who made these past five years worthwhile. Best of luck in the future.

With the Flow



MLT: argue with her husband the day of their wedding.

Alexia Tummillo

It was a long 5 years! I can't believe I'm actually graduating! Good luck to the entire graduating class and may success be in your future.



Twinsies



MLT: use a tanning bed as her real bed.

Sarah Turcotte



Congrats and dream big, grads '12! "You have brains in your head; you have feet in your shoes. You can steer yourself any direction you choose. You're on your own and you know what you know. And YOU are the girl who'll decide where to go." -Dr. Seuss

Rockstar



MLT: "Sarah"nade you.

Nina Zampogna



Congratulations, Grads of 2012. They say a day without laughter is a day wasted. Thanks for making each day count by filling them with countless memories. It has been an amazing five years! Thank you Mom, Dad and everyone for all the love and support. "Don't cry because it's over. Smile because it happened."

Unique



MLT: find an argument for any situation, as she is the walking law-firm.

*Graduates,
Hitch your wagon to
a star.*

~ Ralph Waldo Emerson



Baby pictures

Baby pictures





Sugar and spice
and all things that are nice
That's what little girls are made of



When I was a baby I ...
bit people.

When I was a baby I ...
had no hair.

When I was a baby I ...
ran around in my tutu.

When I was a baby I ...
ate dirt.

When I was a baby I ...
sat in a potato bowl.

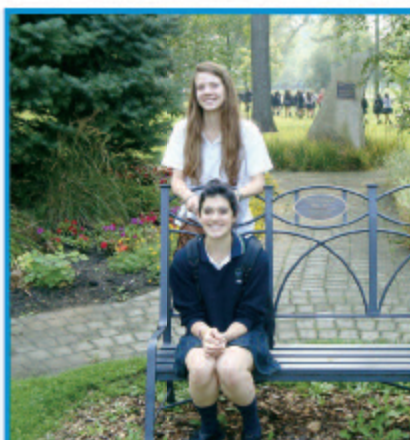
When I was a baby I ...
stuck my face into cake.

When I was a baby I ...
was as large as a telephone.



Stratford Trip '11

I had a great time in Stratford! So many memories I will never forget!
- Melissa Liboray



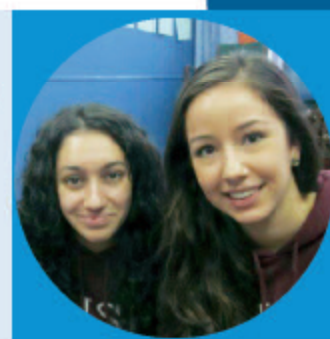
Last Retreat



"I had a great time at retreat! There were so many memories I'll never forget!"
- Jennifer Junio



"It was great to bond as a class for one of the last times ever!"
- Erica Starnino



The Power of One



"I hope your dreams take you... to the corners of your smiles, to the highest of your hopes, to the windows of your opportunities, and to the most special places your heart has ever known."

-Unknown



NEW YORK



New York was a trip filled with great memories and amazing friends! It was the best grad trip we could have ever asked for!

- Joanna Tsotas

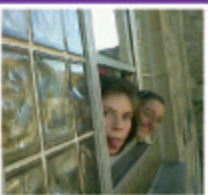


Friends orever



CANDIDS





Convocation



SECONDARY V ENTERTAINMENT



RING CEREMONY



Valedictory Address

Prizes Awarded:

Sacred Heart B.L.C. Award for English
Five Year Distinction Prize
The City House Foundation Bilingual
Proficiency Prize
The Governor General's Medal
The Parents' Guild Award

Hannah Hyde-De Sousa



Good afternoon Mr. O'Donnell, Mrs. Filipovitch, Ms. Mastro, faculty, staff, parents and extended families, and fellow graduates of the Sacred Heart School of Montreal's Class of 2012.

It is a great privilege for me to stand here before you and represent an extraordinary, bright, talented and unique group of young women. Together we have laughed, cried, grown, and shared moments that no other individual outside of the walls of Sacred Heart could ever understand. Graduates of 2012, I am extremely proud of all that we have accomplished in the past five years and look forward to seeing the incredible things we will do in the future. As I look around the room, I see amazing young women who, without a doubt, will make a difference in the world. When it was announced at prizes that I would be the Valedictorian, for the class of 2012, I was humbled and deeply touched at the response I received while walking up on stage. At that instant, there was no one that I would have rather shared that moment with than you girls.

Each and every one of you has been an important part of making our high school life unforgettable and has contributed to making each of us the people we are today. We have struggled through lots of hard work and homework, but we have also had a lot of fun in the meantime! Our's is the only grade to have accomplished bravely taking over the teachers' lunch tables, memorizing a grand total of 750 Wordly Wise words, singing Unfaithful at prizes under our breaths, starting a water gun fight at the school barbeque, surviving the toilet bandit, writing Sacred Heart's first Gym exam, and selling hundreds of cupcakes! We created a Facebook group to discuss prom, study for exams, coordinate our ingenious pranks and talk about anything else we had to say! And if anything defines us as a grade it is the legendary flashmob that we performed at prizes practice. Not only did it show our unity as a group, but also the mischievous spirit that we are so famous for. We all worked together and showed the rest of the school just how unique we are. After all of this, grads, we have finally made it! For five years we have anxiously anticipated graduation: the moment when we could throw out our ties and enter the real world.

As excited as we are for tomorrow, let's take a moment to remember yesterday and all the days before. Let's recall all of the days when we would wake up at 6:30 and hurriedly pull on our ripped tights and wrinkled ties. We would run to catch the bus while dragging our 20-pound school bags. And though we would strategically arrive at exactly 8:05 we would still end up giving Ms. Seeger a regular visit to collect that familiar pink late slip. We would walk into mass late and relish singing Children of the Light at the top of our lungs as if it were a famous pop song. We hoped the détente snack would not be Special K bars and warm bread would be served at lunch. We would laugh and sing in the hallways and anticipate the 3:10 school bell. Every day, we would say bye to Mr. Ward and head home only to go through the same routine the next day. However, tomorrow we won't be coming back. Tomorrow, we will leave for good the comforting rainbow coloured walls of Sacred Heart; we will leave with unforgettable memories, lessons learned, and friendships that will last a lifetime.

I would like to take a moment to thank all of our devoted Sacred Heart teachers. These teachers have become inspirational role models, hard working leaders, devoted coaches and great friends. Thank you for taking a group of crazy teenage girls across Italy, Stratford, New York, Spain, Portugal and the Dominican Republic. Thank you, Mr. O'Donnell, for always greeting us with a smile on your face, and for your unforgettable dance

moves on prom night. Thank you social science teachers for teaching us about the world and the past and now we will strive to make the future a better place. Our religion teachers have inspired us to question who we are and what our role is in this world. Merci aux professeurs de français. Vous avez ouvert une fenêtre sur la beauté de la culture française et de la langue de Molière. To the English department, you have equipped us with a stellar vocabulary and have inculcated in us the skills needed to exude confidence while public speaking (thank you Wordly Wise!). Our fine arts department has exposed us to so many new forms of art, music and drama and supported us through so many concerts and plays. Thanks to our amazing gym teachers for not only exposing us to so many different sports but for all of your dedicated coaching. Our great math and science departments have taught us about algebra, geometry and ions and chemical bonds to name a few. But the human bonds of friendship that we have developed here are stronger than any of the bonds from the elements on the periodic table. Finally, you have gone beyond the curriculum and have equipped us with impeccable manners, lessons learned, fond memories, a strong academic foundation, good study skills, and respect for ourselves and for others.

As well, Sacred Heart is fortunate to have such an amazing and dedicated administration and support staff who pretty much look after all of the details of our school life. Whether it is to keep us safe before and after school by positioning themselves in front of moving cars; keeping the school impeccable; or dealing with our course changes and report cards. Also, thanks for reminding us every so often of how tall we are by lining us up according to our heights. Though, unfortunately, in my case, my position in the front row has remained the same since Sec 1.

To the parents of the graduates, it seems like just yesterday that you sent your little girls away to this school. Five unforgettable years later, we will now leave Sacred Heart as young, confident, and independent women ready to take on the world. Today, we finally walked up to receive our graduation diplomas but we couldn't have done it without you walking by our sides for the last five years. We are so grateful for all of your unending support, understanding, dedication, and love.

And most importantly, to the grads of 2012! Today is about us!! I want to thank you for all of the smiles, laughter, and tears. You are the reason that I loved coming to school every day. Five years ago, we were strangers and now we sit beside each other as sisters. Alone, each one of us is like a beautiful unique gem and together we have created this most colourful mosaic that would be incomplete if even one piece were missing! Amongst us sit amazing musicians, beautiful artists, future scientists, doctors, lawyers, historians, fashion designers, models, actors, future philosophers and philanthropists! Our incredible passion for giving back and making the world a better place has never been clearer. And most importantly, we have laughed and laughed and laughed!!

Tomorrow we will enter a new chapter of our lives devoid of FIGAS, DASHABUSTADDS, Loyola dances, sports days, and spirit days. But no matter what tomorrow will bring, always remember this day. Today, you sit beside girls who have become like your family in a school that has become like a home. Remember who you were five years ago and who you are today. And no matter where you will go and what you will do in the future; you will forever be a Sacred Heart girl. Graduates of 2012, I wish you all the best of luck. Thank you for five amazing years and I love you all!



Parents' Guild Prize for
Social Sciences



McGill Science Award
Five Year Honor Roll
Prize



Bruce M. Hicks Public
Service Award
Five Year Honor Roll Prize



The Patty Forbes
Memorial Prize



Provincial Council Award
Frances Smith Prize
Five Year Honor Roll Prize



Judith Rossi Memorial
Prize



Judith Rossi Memorial
Prize
BLC Award for English



Lieutenant Governor's
Award



The Auriol Wilkins Roper
Memorial Prize



Student Council
Prize



The Soeur Annette
Archambault Memorial
Prize



Norman T. Byrne
Memorial Prize
BLC Award for English



Heather MacDougall
Memorial Prize
Art Prize



Five Year Honor Roll



Five Year Honor Roll



BLC Award for English
Five Year Honor Roll



BLC Award for English
Five Year Honor Roll



BLC Award for English
Five Year Honor Roll



Therese F. Casgrain
Scholarship
BLC Award for English
Five Year Honor Roll



Sacred Heart Music Award
Five Year Honor Roll
Soeur Annette Archam-
bault Memorial Prize



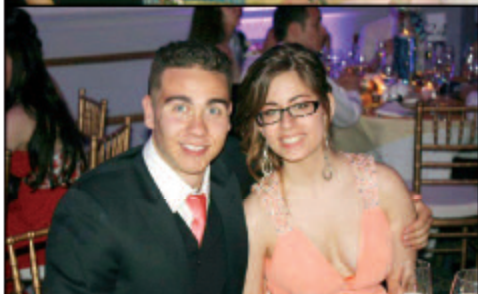
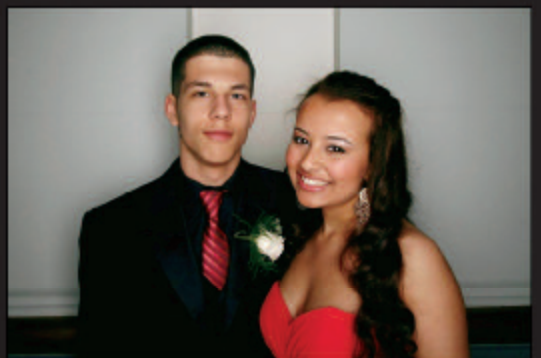
Estelle Fitzgibbon Memorial Prize
Sister Gertrude McNamara
Memorial Prize
Five Year Distinction Prize

Special Prizes



Prom





Deep sense of social justice
which impels to action



The Sacred Heart School of Montreal community creates opportunities for the students to become aware of and to improve economic, social and political conditions for the marginalized on the local and international levels. This year alone, as a school, we have raised money for a variety of different charities and engaged in over 4600 hours of community service.



Girls For The Cure

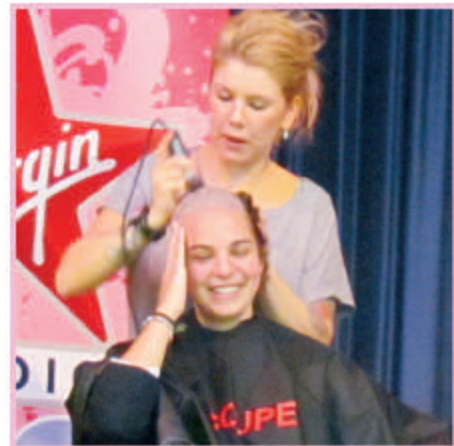
Nobody can do everything, but
everyone can do something.

Unknown



Girls For The Cure 2012 Committee





"It was so inspiring to watch. She is honestly the bravest girl I know and I am so proud of her!"
-Erica Starnino V



"I think that what Christina did [Shave to Save] was really brave and thoughtful. I really admire her for what she did because I don't think I would have had the courage to shave my head. I am also really proud of her for raising all of that money for cancer!"
-Alexa Eberle V

Youth Philanthropy Initiative

This year's YPI winners are:

1st place:
Project Chance

Representatives:
Alexandra Gentile,
Adele Brawley,
Jessica Delucilla and
Leona Glaudemans



2nd place: Charity: Project 10
Representatives: Alice Brails, Katherine Drummond, Olivia Bouskill and Sarah Harris-Gendron



3rd place: Charity: Parent Etoile
Representatives: Kayla Cabanis, Claudia Belliveau, Amanda Marino, and Rachel Rubbo



4th place: Charity: Auberge Madelaine
Representatives: Sarah Atallah, Stefany Sacchetti, Nicholeta Saviolitis and Monica Sapala

service trip...



I had no expectations. I did not know what it would be like, what I was getting myself into... The Dominican Republic changed my life.

-Maria Power



Hockey Helps
the Homeless

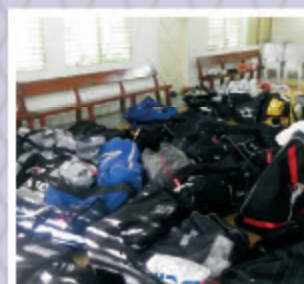
Osez le donner

Walkathon



As a school, Sacred Heart is involved in an enormous amount of community service. This year alone, we have devoted over 4600 hours to community service. We participate in Meals on Wheels; the Secondary IVs must complete community service hours before they can obtain a Sacred Heart diploma. This year, we even received a plaque from the Red Cross for our contribution to their relief fund. One of our faculty members even volunteers on a regular basis at the Red Cross. All in all, we are a very involved school and we continue to take on new projects each year. This year, one of these projects was Hockey Helps the Homeless, when the entire student body became ambassadors for the cause.

Over the March Break, nine Sacred Heart students, accompanied by two teachers, Amanda Cardillo and Danielle Lecuyer, travelled to the Dominican Republic on our first Service Trip.





An interview with the organizer,
Sarah Murphy

Some time after Charity Day, I sat down with Sarah Murphy to ask her a few questions about how her branch had come to be. Here is a brief synopsis of what she said.

Sarah: I know that we say we do a lot of community work but I wanted to do more than just what we do in Secondary IV. I wanted to get everyone talking about charities and doing something good together.

The problem was that many charities don't really want a lot of attention so that was a bit of a challenge. I started with over 50 charities and after much calling and emailing, ended up with about 20.

Although it was lots of work and required a lot of organization, I absolutely loved it! Everyone was very enthusiastic and it was great to see that people were actually interested in it. It was definitely worth it.

Next year, I plan to come back and do it again, and maybe even involve a couple of different schools. It's full speed ahead.



Go out and make a difference.



Never doubt that a small group of thoughtful citizens could change the world; indeed, it's the only thing that ever has.
- Margaret Mead

After Easter Mass on April 3rd, the entire student body of Sacred Heart School went into the community to participate in our first ever Charity Day. The experience was rewarding and showed us that we can all make a difference if only we take the time to do so.



THE ENTIRE SCHOOL WENT OUT TO DO COMMUNITY SERVICE



Over 200 girls. Over 20 different charities. We definitely made a difference.



B

uilding of community as a Christian value



The Sacred Heart School of Montreal community is based on the philosophy and traditions passed on by the Religious of the Sacred Heart. Members of the Sacred Heart community - Religious, Trustees, Administrators, Faculty, Staff, Students, Parents and Alumnae - commit themselves to encourage an understanding and appreciation of all people. We build community through different means, including the House system and a wide variety of activities that comprise the student life of the School.

EXCEPTÉ
PÉRIODE
INTERDITE

SACRED HEART SCHOOL
BELIEVES IN **EDDY NOLAN**
AND **TERRY FOX** -
2 **CANADIAN HEROES**

Sacred Heart School
supports the fight
against **Cancer**

Sacred Heart
remembers
TERRY FOX
Marathon of Hope
April 1980



Prefects



"The task of leadership is not to put greatness into people, but to elicit it, for the greatness is there already."
-John Buchan



Sports Day



First Place



Second Place



Third Place



Spirit Award

Congratulations to all who participated and a special thank you to Ms. Lecuyer, Ms Simpson, and our dynamic GAs Hannah and Kylie for organizing such a fun-filled day!

Barat



Mascot: Sophie the Bear

Co-Captains: Claudia Belliveau and Amanda Marino

G.A.A. Representatives: Rebecca Letourneau-Duynstee and
Kayleigh Metcalfe



The past year has been great with all my Barat bears. I wish everyone a successful year next year. I know you all have a great future ahead of you. I will miss you all so much. It was a pleasure being your house head this year. Thanks for a great year!

-Caitlin Matthew xox



Digby

It has been such a pleasure being the head of Digby house this year...I had a lot of fun working with my amazing co-captains and G.A.A. representatives as well as the best house adviser in the world. To my Digby girls: thank you for such a great year! I could not imagine a more lovely group of girls to represent "la meilleure maison." Go Digby!

-Sarah xx



Mascot: Leo the Lion

Co-Captains: Nicole Tiemen and Sarah Mannarino

G.A.A. Representatives: Allyson Fontes and Jessica Delucilla



This has been a great year for us in Duchesne! We had an excellent Sports Day where we won the Spirit Award and made it to the podium! Congratulations to all our ladybugs who've worked hard all year long and to our trusty secondary four co-captains who truly helped make this an excellent year! Keep up the great work ladies and good luck to all who will be leaving us this year.



Duchesne



Mascot: Rose the Ladybug

Co-Captains: Alexandra Gentile and Rachel Rubbo

G.A.A. Representatives: Catherine McDonald and Julia Messina



du Rousier



To all my little bees, it was such an honour being your house head this year! I have made so many memories with all of you that I will cherish forever. I hope you had as much of an amazing time in du Rousier this year as I have. You're all such amazing girls and I want to wish you the best in your future! I'm going to miss you all so much.

xoxo your house head,
Alessia De Petris

Mascot: Honey the Bee

Co-Captains: Catherine D'Ambrosio and Jasmine Rach

G.A.A. Representatives: Lisa Giacarri and Olivia Bouskill

Hardey



Mascot: Henrietta the Monkey
Co-Captains: Charlotte Le Fevre and Alexa Eberle
G.A.A. Representatives: Valeria Cori-Manocchio and Adrianna Mauchan



Dear Hardians,
 This year has been fantastic! I couldn't have asked for a better group of girls to have had in THE BEST HOUSE! Your energy and enthusiasm are wild; never give it up! Thank you so much for making this year amazing and I wish you the best of luck!
 Love,
 Sarah



Hello Sheldonites!
 Thank you for a great year; I have loved being Sheldon house head and I will miss you all! Good luck next year and remember, slow and steady wins the race.

Your house head,
 Emma Pallay



Sheldon



Mascot: Shelly the Turtle
Co-Captains: Lisa-Marie Giorgio and Candice Law
G.A.A. Representative: Karen Golfi



What a great year Stuart!
We made it to the podium
for Sports Day and had
tons of fun doing so.
Congratulations for all
the spirit you've shown
throughout the year.
Good luck to those Stuar-
tians who will be leaving
us next year. Do your best
and make us proud. We
love you!



Stuart



Mascot: Dylan the Dolphin

Co-Captains: Elyanna Lafrance

G.A.A. Representatives: Rebecca McPherson, Dana Malowany and Sarah Harris-Gendron



Trincano



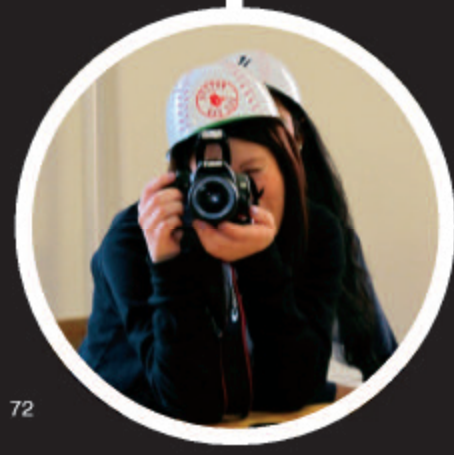
Mascot: Cassie the Cow

Co-Captains: Katherine Drummond and Jennifer Baratang Junio

G.A.A. Representatives: Katya Zappitelli and Jenna Novosad

My dear milky Trincanians, I've had such a great year being your house head. We've had a lot of memories, laughs and food. Ever since I was in sec 1 I wanted to be house head and I'm so grateful to all of you for letting me lead you. You guys are amazing!!!!!! I'll miss you all so much, but I know you'll do the house proud. Love you all,
Sarah

Spirit Day



Spirit Day was a great success this year! The prefects did a terrific job of organizing a fun-filled day. The haunted house in the Common Room was a thriller and the day ended on a high note with everyone gathering in the gym for an intense match of handball with the secondary five students against the teachers. What a spine-thrilling day!





Christmas Baskets

are the way Sacred Heart gives back to our community at Christmas time.



Candy Cane-o-grams



Yeah candy-cande-o-grams!



Working hard...



Too many candy-cande-o-grams!

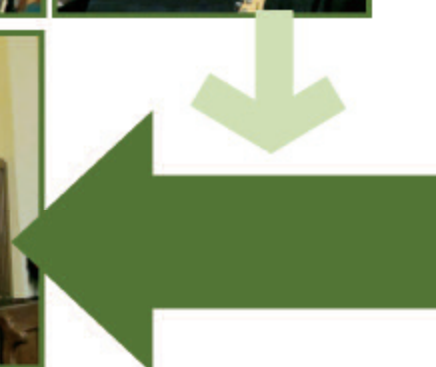




Christmas Wishes



Christmas Concert





Cabane à Sucre



L'événement Cabane à sucre a clos la semaine de français. Après un délicieux repas de cabane à sucre, les deuxième secondaire ont fait une démonstration de danse traditionnelle québécoise. Le dessert, de la tarte, a été servi sur la neige à l'extérieur. Cet événement s'avère toujours un grand succès et nous avons déjà hâte à l'an prochain.



Semaine de Français



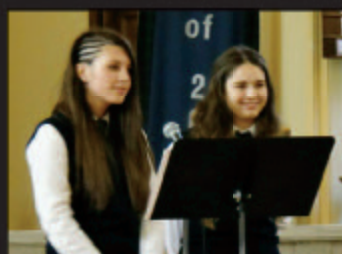


Dashabustadd



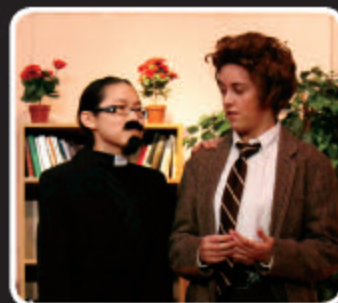
Arts Festival

The Curious Beauty of Africa...Art Exhibit. Concert. Fashion Show.



Maya Botti and Alessia De Petris did an amazing job making the clothing for the models. They incorporated an African vibe to the style which made the fashion show that much more fun and different.
- Melinda Meloche V





The Education of Angels tells the story of two angels in training, Nick and Jenna, who return to Earth to earn their wings by helping Dave, an indecisive groom-to-be, make the most important decision of his life. Add a domineering ex-wife, an offbeat angelic cabbie and a crazy best man and you have an amazing performance brought to life by a dedicated cast. We wish to commend the girls and Mr. Beauvais for a job well done!

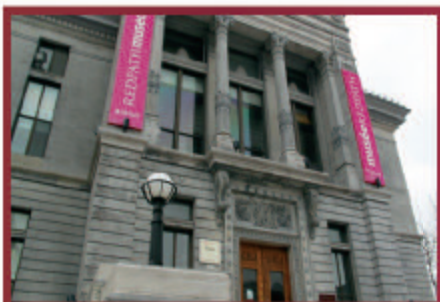
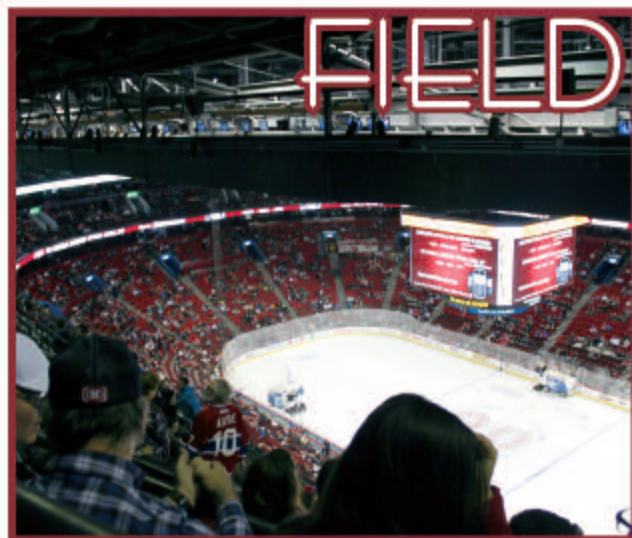


The Education
of
Angels



SECONDARY III MONTREAL HERITAGE

The Secondary III Montreal Heritage elective had tons of fun learning about our beautiful Montreal. We also got to explore Montreal, from hearing an inspirational speech at the Military Base Black Watch, going to a hockey game to cheer on the Habs, and visiting McGill University.



Alice Brais
Brisbane, Australia



Charlotte LeFèvre
Nantes, France



Adèle Brawley
Nantes, France

STUDENT EXCHANGE

TRIPS

OTTAWA

The secondary IVs travelled to Ottawa to see the Parliament and understand the political workings behind our country. We also had a great time hanging out and exploring a little on our own.



Emily Dikranian
Kent, UK



Kimberley Marks-Beaubrum
Melbourne, Australia



Esmé Panarello
Taipei, Taiwan

Oh the places we go...



SPAIN AND PORTUGAL 2012





Hola Bonita,
We are having an AMAZING time here in Spain and Portugal! The food is good, when we aren't having chicken for dinner. All the cathedrals are beautiful as well as the museums and even just being in the city is an experience.
Miss you all so much!
xoxo
The Chicas, Fiesta, Flamenco and Team Loca



*development of respect for
oneself and for others*



The Sacred Heart School of Montreal provides a secure and supportive environment in which students may explore their talents and abilities, share their knowledge and gifts with others, and develop a sense of responsible leadership. Through participation in numerous co-curricular, athletic, and cultural activities they also learn the importance of mutual support and respect of peers, and towards parents. In other words, we learn to play together.



Robotics
Clubs
Sports

ROBOTICS

For the past several years, our students have been competing in the CRC Robotics Competition. It is a true testament of what it means to work as a team. The team comprises many different subdivisions. The complete Robotics team consists of Website, Journal, Kiosk, and Engineering.

It is a project that runs for many months and involves a lot of work after school as well as many, many late nights. We would like to congratulate this year's team for their outstanding effort and for their dedication to this project. We would also like to congratulate the faculty members who have completed this journey with the girls. Great job everyone!





Every year, many of our students prepare scientific experiments for class and some even take it a step further and present at the Montreal Science Fair. Congratulations to all our students on their continued hard work and a special congratulations to Athina Tziniverakas, Claudia Di Salvatore and Hannah Hyde-De Sousa on their presentations at this year's science fair.

SCIENCE FAIR • • • • •



Equipped with his five senses, man explores the universe around him and calls the adventure Science.
-Edwin Powell Hubble



Jennifer Baldino, Jennifer Baratang Junio, Kelly Burchell-Reyes, Alessia Costanguay, Katrisha Durham, Karayah Foster, Stephanie Gravel, Charlotte Le Fèvre, Mary Lynne Loftus, Amanda Marino, Lauren Maruya-Li, Bethany Mount, Esmé Panarello, Sara Pulice, Anthea Saviolidis, Sarah Turcotte, Nina Zampogna.
Advisor: Ms Martel



Claudia Belliveau, Kelly Burchell-Reyes, Erika Cheng-Tarantino, Natasha Hodge-Masnaghetti, Georgette Kyres, Charlotte Le Fèvre, Mary-Lynne Loftus, Giuliana Mannarino, Amanda Marino, Adrianna Mauchan, Tatiana Mikus, Bethany Mount, Stephanie Narcisse, Rachel Rubbo, Andrea Santamaria, Sarah Turcotte
Advisors: Ms Martel & Ms Bangs

clubs



Do more than belong: participate. Do more than care: help. Do more than believe: practice. Do more than be fair: be kind. Do more than forgive: forget. Do more than dream: work.

-William Arthur Ward





Victoria Alescio, Vanessa Amato, Carina Anelli, Gabriella Caruso, Katherine Chamandy, Sabrina Correia, Tracy Do, Mireille Forget, Maris Jacobs, Thea Koper, Elena Kratsios, Georgia Kyres, Amanda Larosa, Charlotte Le Fevre, Dana Malowany, Bethany Mount, Brigid Roberts, Hannah Ryan, Nicoletta Saviolidis, Abigail Trevino, Joanna Tsotsas **Advisor:** Ms Bangs



Caterina Alfieri, Felisa Antonanzas, Sabrina Belcourt, Sofia Bittichesu, Alessia Costanguay, Corinne Darche, Constantina Gicopoulos, Kaitlin Hagen, Mary Lynne Loftus, Lauren Mezzaluna, Raphaela Nikopolous, Ariana Pagnotta, Cayleigh Sorella, Sarah Spagnuolo, Athina Tzinevrakis **Advisor:** Ms Bangs



Liana Caprera, Elana Floriani, Vanessa Pugliesi, Taylor Akkaoui, Rebecca McPherson, Karayah Foster, Esmé Panarello, Caroline Chamandy, Myriam Zakaib, Katrina Vecera, Katherine Chamandy, Maria Power, Gabriella Courey, Sarah Turcotte, Emma Pallay, Georgia Therriault, Nicole Tieman, Sarah Atallah, Nicki Saviolidis **Advisors:** Ms Valela & Mr. Thiruchelvam

Environment Club

Sophia Bittichesu, Alessia Costanguay, Stephanie D'Arienzo, Karayah Foster, Stephanie Gravel, Esmé Panarello, Angelina Smolynec, Sara Tagliamonti.

Advisor: Mr. Laperle

Newspaper

Jessica Abreu-Moore, Jennifer Baratang-Junio, Caroline Chamandy, Katherine Chamandy, Natasha Hodge-Masnaghetti, Alexina McLeod, Monica Petras, Brigid Roberts, Jasmine Rach, Sarah Turcotte

Advisor: Ms McIvor

Photography Club

Elizabeth Giagnacovo, Sheridan Harel, Caroline Jeanson, Emma Pallay and other visitors

Advisor: Ms Gendron

Literary Magazine

Katherine Chamandy, Corinne Darch, Constantina Gicopoulos, Mary Lynne Loftus, Alexina McLeod, Sarah Turcotte, Norah Woodcock, Myriam Zakaib

Advisor: Ms McIvor

Yoga

Elizabeth Giagnacovo, Victoria Guadalupe, Georgette Kyres, Christina Scalia, Georgia Therriault

Advisor: Ms Racó



Fall Sports & Soccer



Karen Golfi, Candice Law, Sarah Murphy, Kylie Sura, Nicole Tieman
Coach: Ms Cardillo
Supervisor: Ms Lecuyer



Maya Botti, Stephanie Des Marais, Alexa Eberle, Rebecca Letourneau-Duynstee, Emma Pallay, Lauren Samo, Sabrina Ste Marie, Abigail Trevino, Sarah Turcotte
Coach: Mme. Belfort



Sports Results



Congratulations to the Juvenile Cross Country Team on winning the GMAA banner! Great job girls!



Sara Amicarelli, Adele Brawley, Alice Brais, Sophie Cruvelier, Laura D'Altilia, Sierra D'Ambrosio, Isabella Giaridi, Veronica Giroux, Caroline Jeanson, Oona Joy, Jasmine Kwok, Marisa Mezzaluna, Ariana Pagnotta, Nicky Saviolidis, Sarah Spagnuolo, Kylie Sura, Julia Zito
Coach: Teresa Little **Assistant:** Mme. de Sainte-Marie



Nicole Bilikas, Alexis Boosamra, Eleni Borondy, Clarissa D'Amico-Mazza, Molly Delaney, Samantha Delucilla, Stephanie Des Marais, Elisabeth Harris, Alessandra Morena, Raphaela Nikolopoulos, Gurleen Padda, Ariana Pagnotta, Katherine Panet-Raymond, Eliyanna Polychronas, Meaghan Sabourin, Alexa Scalia
Coach: Alex Wells **Supervisor:** Ms. Coull



Vanessa Amato, Sara Amicarelli, Carina Anelli, Sierra D'Ambrosio, Jessica Delucilla, Avery Diabo, Megan Fett, Allyson Fontes, Giovanna Giordano, Karen Golfi, Rebecca Letourneau-Duynstee, Dana Malowany, Stefania Rivera, Jessica Rouillier, Sarah Spagnuolo, Louisa Tsoukalas
Coaches: Ms Valela & Mr. Gallo



Isabella Arduini, Claudia Belliveau, Valeria Cori-Mannochio, Catherine D'Ambrosio, Olivia D'Ambrosio, Katherine Drummond, Sarah Harris, Amanda Marino, Adrianna Mauchan, Catherine McDonald, Kayleigh Metcalfe, Sara Pulice, Hannah Ryan, Stefany Sacchetti, Claudia Salvo, Larissa Serafin
Coach: Ms Simpson

Fall Athletes of the Season



Junior
 Allyson Fontes



Senior
 Isabella Arduini

Volleyball & Basketball



Maria Carmela Alescio, Juliana DeStefani, Emilie Dupuis, Callie Koranteng, Mikayla Liakopoulos, Mary Lynne Loftus, Lauren Mezzaluna, Lauren MacDonald, Kristina Mura, Anika Ouy, Ariana Pagnotta, Amelia Travis
Coach: Mme. Vachon



Victoria Alescio, Emily Dikranian, Cassandra Estefanos, Lisa-Marie Giorgio, Sophia Koper, Charlotte LeFevre, Rebecca McPherson, Julia Messina, Marissa Mezzaluna, Sara Tagliamonti, Katya Zapitelli
Coach: Ms. Lecuyer



Sports Results



Congratulations to the Midget Volleyball Team on winning the GMAA banner and going to the Provincials. Excellent job girls!



Amanda Alessi, Jessica Abreu-Moore, Alexa Bedik, Jasmine Ciccocioppo, Stephanie D'Arienzo, Victoria Guadalupe, Thea Koper, Lauren Samo, Angie Smolynec, Kylie Sura
Coach: Mr. Thiruchelvam



Nicole Bilikas, Eleni Borondy, Vanessa Brandimarti, Clarissa D'Amico-Mazza, Samantha Delucilla, Stephanie Des Marais, Alicia Griffin, Alexa Scalia, Valerie Sinel, Amelia Travis **Coaches:** Victoria Wells & Kailee Deacon



Allyson Fontes, Sophia Koper, Rebecca Letourneau-Duynstee, Rebecca McPherson, Raphaela Nikolopoulos, Ariana Pagnotta, Stefania Rivera, Jessica Rouillier, Cayleigh Sorella, Louisa Tsoukalas, Katya Zappitelli **Coach:** Ms. Lecuyer



Jessica Delucilla, Katricia Durham, Karyah Foster, Alex Gentile, Leona Glaudamans, Catherine McDonald, Kayleigh Metcalfe, Diedra Robertson-Chois, Hannah Ryan, Lauren Samo **Coaches:** Ritou Maloni & Kourtney Di Perno

Winter Athletes of the Season



Junior

Clarissa D'Amico-Mazza



Senior

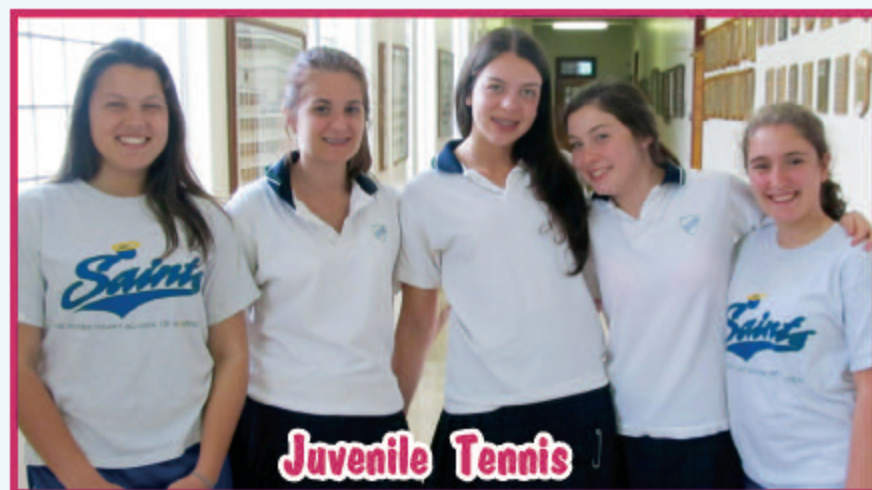
Sophie Cruvellier

Spring Sports



Midget Tennis

Taylor Akkaoui, Carina Anelli, Sabrina Corriea, Cassandra Estefanos, Sabrina Ste Marie, Katrina Vecera, Spares: Elisabeth Giagnacovo, Alissa Taper.
Coach: Michelle Saikali



Juvenile Tennis

Gabriella Caruso, Caroline Chamandy, Honey Griffin, Sarah Harris, Julia Messina, Alicia Pinck, Spare: Vanessa Amato
Coach: Michelle Saikali



Spring Athletes of the Season



Junior

Eleni Borondy



Senior

Adrianna Mauchan





Alexis Boosamra, Sophie Cruvellier, Molly Delaney, Katherine Drummond, Lisa Giaccari, Elisabeth Harris, Sarah Harris, Caitlin Matthew, Meagan Sabourin, Claudia Salvo, Joyce Salvo, Monica Sapala, Erica Starnino
Coaches: Ms. Simpson & Ms. Brown



BANTAM: Corrine Darche, Constantina Gicopoulos, Gurleen Padda, Andrea Santa-Maria, Sarah Spagnuolo, Sabrina Ste-Marie. **Spares:** Mary Lynne Loftus & Bella Santaguida. **MIDGET:** Caterina Alfieri, Kelly Burchell-Reyes, Elizabeth Giagnacovo, Charlotte Le Fèvre, Tatiana Mikus, Thaksha Nadarajakumaran. **Spares:** Anika Ouy & Abigail Trevino. **JUVENILE:** Jessica Abreu-Moore, Vivian Luong, Catherine McDonald, Emma Pally, Jasmine Rach, Hannah Ryan, Angie Smolynec, Georgia Therriault. **Coaches:** Ms Cardillo & Mr. Thiruchelvum



Valeria Cori- Manocchio, Claudia Di Salvatore, Katricia Durham, Stephanie Gravel, Maris Jacobs, Caroline Koranteng, Nina Zampogna
Coach: Mme. Belfort



Sports Results: Track & Field

Congratulations to the following members of the track and field team who qualified for the GMAA Championships:

Valeria Cori- Manocchio
Maris Jacobs
Katricia Durham
Nina Zampogna

Excellent job girls! We're very proud of you!

Football & Halo



Bantam Football

Sara Amicarelli, Nicole Bilikas, Eleni Borondy, Sierra D'Ambrosio, Molly Delaney, Samantha Delucilla, Stephanie Des Marais, Juliana De Stefani, Clarissa D'Amico-Mazza, Alicia Griffin, Lauren Mezzaluna, Gurleen Padda, Ariana Pagnotta, Sarah Spagnuolo, Amelia Travis, Louisa Tsoukalas
Coaches: Mr. Gallo & Mr. Thiruchelvam



Midget Football

Claudia Belliveau, Olivia Bouskill, Jessica Delucilla, Katherine Drummond, Allyson Fontes, Alex Gentile, Sarah Harris, Rebecca Letourneau-Duynstee, Amanda Marino, Kayleigh Metcalfe, Valeria Cori-Manocchio, Adrianna Mauchan
Coaches: Mr. Cumming & Ms. Simpson



Sports Banquet

The highlight of this year's Sports Banquet was the renaming of the Junior Athletic Award to the Dawn Cumming Junior Athletic Award. We are so proud to uphold Mrs. Cumming's legacy.



Jessica Abreu-Moore, Catherine D'Ambrosio, Olivia D'Ambrosio, Elyana Lafrance, Caitlin Matthew, Catherine McDonald, Hannah Ryan, Stefany Sacchetti, Claudia Salvo, Lara Serafin, Erica Starnino
Coaches: Ms. Lecuyer & Addley Dufour



Eleni Borondy, Olivia Bouskill, Clarissa D'Amico Mazza, Jessica Delucilla, Alexa Eberle, Alex Gentile, Alicia Griffin, Maris Jacobs, Rebecca Letourneau-Duynstee, Mary Lynne Loftus, Emma Pallay, Meghan Sabourin, Monica Sapala, Niki Savolidis, Sarah Turcotte **Coach:** Ms Cardillo

Sports Results Halo: Eleni Borondy placed 7th in the Midget division & Maris Jacobs placed 4th in the Juvenile division. Way to go girls!



Elena Kratsios

As you walk out of these Sacred Heart doors for the last time, embrace life and all the challenges that it will bring. You have blossomed into a bright and dynamic young lady and we know you will be successful in life. Your leadership skills shone through this year as you worked so hard to be a great school President. What a great accomplishment! Just remember, whatever you do and wherever you go, do it and go there with all your heart. And most important, be happy.



We love you koukla,
Mom, Dad and Philip



To our wonderful Olivia,
To us, Olivia means

Oh so special
Loving
Intelligent
Vivacious
Inspirational
Amazing

Best of luck and pursue your dreams...

We love you,
Daddy, Mommy, Marlena and Sierra



Eleni Borondy



Congratulations Eleni on a wonderful first year. Your enthusiasm for everything that you do is great.

With love,
Mom, Dad and John



*The Sacred Heart Alumnae Association
congratulates the graduates of the
Class of 2012
and welcomes you as new members into:*

*The Alumnae Association of Montreal
The Canadian Association of Sacred Heart Alumnae
L'Association mondiale des anciennes du Sacré-Coeur*

*Career Day
Homecoming
Christmas Bazaar
AMASC Pin Ceremony
Mentorship Programme*





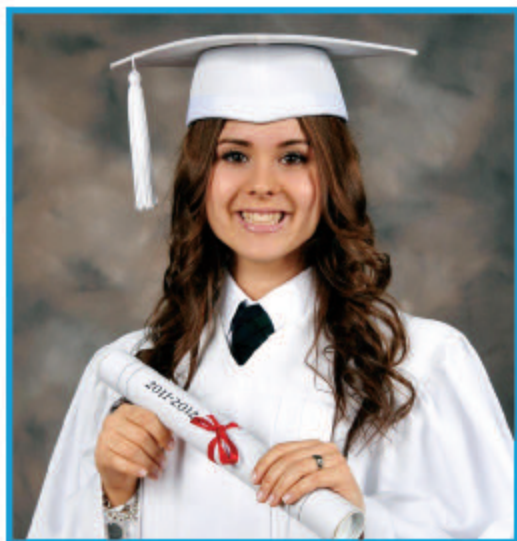
Jack Arduini
Ing. / Eng.
Directeur général / CEO

Sara Torre
Contrôleur / Controller, CFO

5967, rue Jean-Talon est, bureau 304
Montréal (Québec) H1S 1M5
www.tgbeco.com

*Congratulations to the 2012 Graduating Class
of the Sacred Heart School of Montreal*

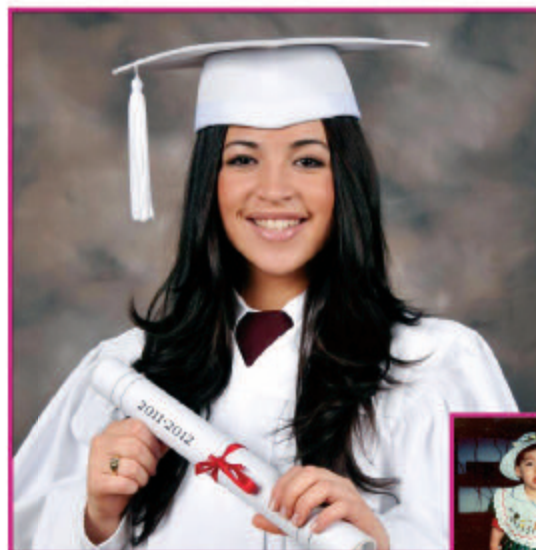
Melissa Likoray



Congratulations! We are so proud of you and what you've accomplished in your five years at Sacred Heart. You've become a wonderful young woman and we wish you much happiness, health and success in your future!

*We love you,
Mom, Dad and Vanessa*

Deidra Robertson-Chois



Felicitaciones. Precious daughter: As this extraordinary period in your life comes to an end, we are joined by the entire family in expressing how proud we all feel about your achievements. You have blossomed into a beautiful, respectful, exciting and loving young woman. Each challenging moment has been an unbelievable learning experience which has shaped your character. Keep learning and working hard. Hang on to your dreams and grab your lucky star. Just do it!

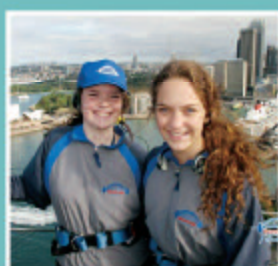
*Love,
Mama and Dad*

Sarah Murphy

Halifax • Star Club • Daughter • Prefect • Y.P.O. • Veterans • Cupcakes • NYC • Bones • Hardy House • Green Day • Share the Warmth • Golf Team • Ottawa • Granddaughter • Tutor • Ducky • Charity Day • Sister • E.A. Street Team • Family Tree • Dominican Republic • Pool Parties • Cousin • Girls for the Cure • Faculty Scholars • Friend • Artist • Honor Roll • Australia...

You are, and will continue to be, a constant source of wonder, joy and pride. Congratulations on all that you have accomplished in these past five years at Sacred Heart. We love you!

Mom, Dad, Joseph, & Michael



Katriccia Durham

Katriccia,

We are proud of how well you performed in the last five years at The Sacred Heart School of Montreal. You worked extremely hard to demonstrate a profound sense of responsibility to your studies while developing into a beautiful young lady. Your teachers have challenged you on every level setting the bar higher each time. You proved successful in every task and we are so proud of you and your accomplishments! We wish you well in the next step of your new path.

Love Mom, Baba, David, Harry, Dear Mom, Aunt Nicola, Aunt Elsie, Aunt Sherma and Sherry.

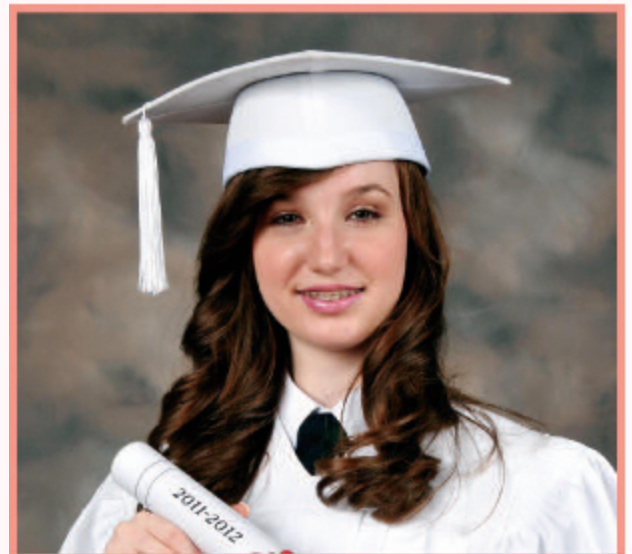


Melinda Meloche

Melinda,

We are so proud of you! You have worked so hard and done so well. We know that you will excel in your future studies and achieve everything that you dream of in your career and in your life. Congratulations!

*Love,
Mom, Dad, Alicia and Benjamin*



Isabella Arduini



*Congratulations Isabella on graduating from high school.
We are very proud of the wonderful young lady that you are.
Good luck with the next stage of your studies.*

*Love,
Mom, Dad and Alessandra*

Alessia De Petris

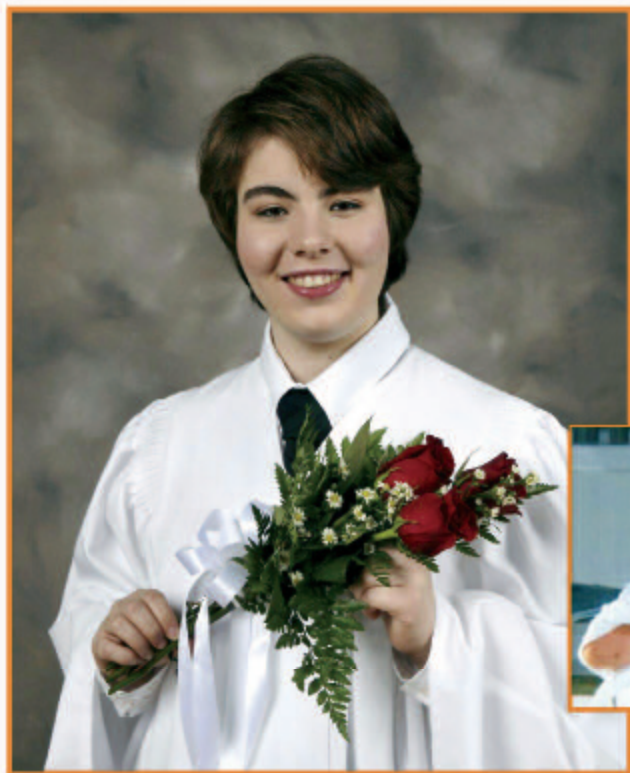


*Congratulations Alessia on all your accomplishments. We
are very proud of you.*

*"Our greatest glory consists
Not in never failing, but
In rising every time we fall."*

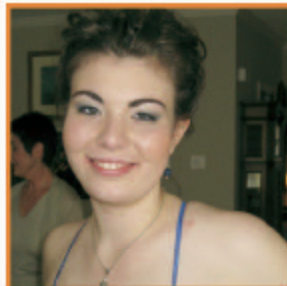
*We love you,
Mom and Dad*

Katherine Chamandy



*Katherine, you have become a beautiful, self-confident
young lady, eager and ready to take on the world. Listen
to your heart, follow your dreams, and enjoy the journey.
We can't wait to see where you go from here...*

*Love,
Mom, Dad and Caroline*



*Congratulations to the graduating
Class of 2012*



From the Parents' Guild

We are so very proud

Sabrina, we are very proud of your accomplishments in your first year in high school. Your hard work, devotion, dedication and smile were consistent throughout the year. Keep up the great work.

With all our love,
Mom, Dad and Philip



Julia Zito

Congratulations Julia! You did a fantastic job in your first year at Sacred Heart. We are very proud of your transition and your accomplishments. Wishing you lots of success in the coming years. Follow your dreams and always stay true to yourself.

Love,
Mama, Papa, Oma and Opa



As we leave this Sacred place,
may we always remember
what we shared...

